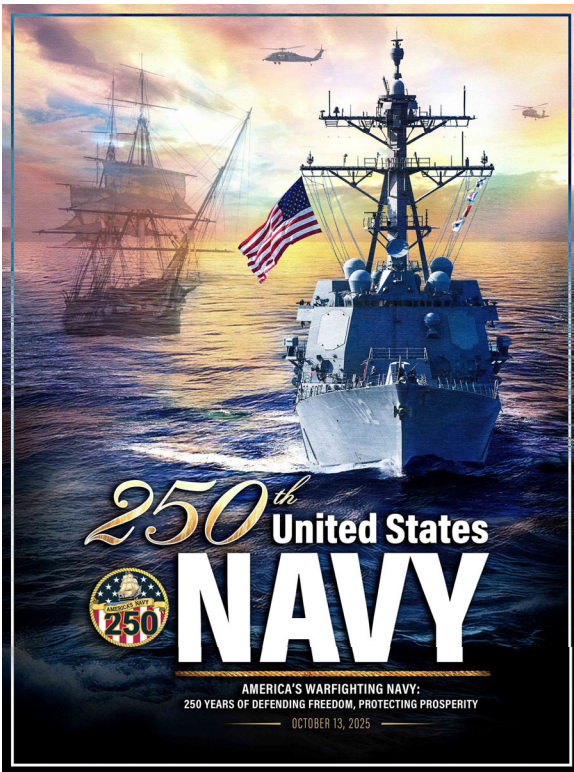


# AMERICAN LEGION

Cummings-Behlke  
Post 226

830 E. Central Ave., Edgewater, MD 21037 • 410-798-9894



Never let an eligible veteran say:  
"Nobody ever asked me to join the American Legion."

[www.post226.com](http://www.post226.com) • OCTOBER 2025

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*American Legion Auxiliary Unit 226*



# Annual Crab Feast

Saturday, October 4, 2025  
1-6 pm

All You Can Eat on the Premises

Crabs served 2-5 pm

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Hot Dogs — Corn on the Cob  
Sausage, Green Peppers & Onions  
Potato Salad — Baked Beans  
Draft Beer — Sodas

Raffles - Cake Wheel

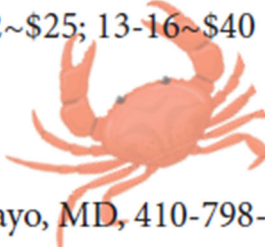
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Tickets on Sale at the Post

\$60 per person in advance

\$65 at the door

Children – 0-6~\$0; 7-12~\$25; 13-16~\$40



American Legion Post 226, Mayo, MD, 410-798-9894

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## Commander's Message

Fall is another reminder that mental health and suicide prevention are essential to overall well-being. Suicide among older adults is often missed but remains a serious issue due to challenges like health problems, loss of independence, financial stress, grief, and isolation. Depression is a major risk factor but can be mistaken for normal aging.

Warning signs include:

- Withdrawing from others or activities
- Expressing hopelessness or feeling burdensome
- Discussing death or giving away possessions
- Neglecting hygiene or medicine
- Increased alcohol or medication use
- Changes in sleep, appetite, or behavior

Immediate action is key if these signs appear. Families, friends and caregivers should notice warning signals, keep communication open, and help seniors find support.

Please take a moment and scan the QR code below and learn more about how you can be a big part of reducing the frequency of suicides around us with some simple skills.



Here are local and national resources available to support Maryland families:

- 988 Suicide & Crisis Lifeline – Call or text 988 or visit [988lifeline.org](https://988lifeline.org) for immediate support
- Maryland Crisis Connect – Call 988 (press 1 for MD specific support) or visit [marylandcrisisconnect.org](https://marylandcrisisconnect.org).
- Anne Arundel County Crisis Warmline – 410-768-5522 (24/7 mental health and crisis support).

*Continued →*

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## Commander's Message - Continued

As Commander, I continue to be impressed by the dedication and unity of this Legion family. September was particularly busy and rewarding. The Riders organized their inaugural Bull and Oyster Roast to benefit Patriot Point, making it a very successful evening for all involved. I am already looking forward to next year's event and the continued support for Patriot Point.

Additionally, Hillory Dean and his team of volunteers hosted our 11th Annual Golf Tournament. The day was filled with enjoyable rounds of golf, camaraderie among participants, and, most importantly, fundraising efforts for two local veterans in need. Every year this tournament continues to be a testament to our commitment of support for those who have served. Thank you to all our volunteers, sponsors, and golfers!

This fall, our efforts to support veterans and neighbors will continue with the launch of our annual Food and Toy Drives. Collection boxes will be available starting in the middle of October, giving everyone an opportunity to contribute.

Looking ahead, November will mark the beginning of our drive to support the Charlotte Hall Veterans Home. We will celebrate membership with our annual Early Bird Dinner on November 9th. You must have renewed your membership by October 31st. December we will host our annual Crownsville Wreaths Across America drive, honoring fallen veterans and their families with a wreath during the holiday season.

How are you going to help us build on our successes? I urge you to continue to look for ways to help your comrades and Legion family, both big and small.

God bless the United States and Post 226.

For God and Country,  
Still Serving,  
Ray Leone  
Post Commander



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## 1st Vice Commander's Message

Hello, everyone. Legionnaire (Veteran) membership processing has hit 60% with 270 members processed to-date. Please get your memberships renewed prior to 31 Oct to qualify for Early Bird status and be eligible for our Early Bird Dinner.

Membership for Legionnaires (veterans) is \$47 for 2026. To all that have mailed in, paid online, or dropped your dues in my mailbox thank you.

My email address is [post226membership@gmail.com](mailto:post226membership@gmail.com) for any questions regarding your membership. Please include your full name, membership ID number, and a good call back phone number where I can reach you.

Scott Smith  
1st Vice Commander  
#BeTheOne, Heroes Never Forgotten

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## Early Bird Dinner

*Sunday, November 9th*  
*Cocktails at 4pm, Dinner at 5pm*



*Free to All Members who pay 2026 dues by October 31st*  
*Price for a guest is \$15*  
*Menu and sign-up sheet will be posted mid October*

**You MUST sign up by October 31st**

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## Chaplains' Message

"While the earth remains, seedtime and harvest, cold and heat, summer and winter, day and night, shall not cease" (Gen 8:22)

We've enjoyed the blessing of an unusually glorious transition from summer to fall this year. We hope you've enjoyed the cooler temperatures, lower humidity and are gearing up for many fall and winter events at the Legion!

Fall not only brings cooler weather, but also a renewed focus on addressing the needs of the community around us. In the coming weeks, we will be announcing our annual Food and Toy drives. You will start to see the boxes appear in the building around mid-October. We will also kick off our Wreaths Across America Drive and our Drive for the Charlotte Hall Veterans Home. If you know of a local family or individual in need, especially military/veteran, please reach out to us. Part of our Food and Toy Drives are intended to stay right here in our Mayo, Edgewater, and South County communities

Remember also that it is membership time. If you are reading this and have not renewed your membership, now is the time. Contact our 1st Vice, Scott (Shorty) Smith. We hope to see a large gathering at the early bird dinner on November 9th!

We will make ourselves available to meet with, talk with and pray with any of you who need our services as your Chaplains. The easiest way to reach us is email [post226chaplain@gmail.com](mailto:post226chaplain@gmail.com) or drop a note in our mailbox at the Post.

*"Service Before Self, For God & Country"*

Art and Cheryl Smith  
Post Chaplains

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## Membership Information

Key cards are available by showing your 2025 membership card. If you were an early bird the card is free, otherwise it is \$3.

**Legion** – Dues are \$47. Make your check payable to "AL Post 226". Mail to P.O. Box 66, Mayo, MD 21106 or drop it in the *1st Vice* box at the Post.

**SAL** – Dues are \$35. Juniors (under 21) & dual members \$15. Make your check payable to "SAL Squadron 226". Mail to P.O. Box 622 Mayo, MD 21106 or drop it in the *SAL Membership* box at the Post.

**Auxiliary** – Dues are \$34, Juniors (under 18) are \$12. Make your check payable to "ALA Unit 226". Mail to P.O. Box 432, Mayo, MD 21106 or drop it in the *Unit Membership* box at the Post.

**Riders** – Dues are \$30 (Legion, SAL, or Aux must be paid first). Make your check payable to "AL Riders Post 226". Mail to P.O. Box 66, Mayo, MD 21106 or drop it in the *AL Riders* box at the Post.

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## Online Renewals

Members can pay their annual dues online. You will need your Member ID located on your membership card.

- Legionnaires: <https://mylegion.org>
- SAL: <https://legion.org/SAL-Renew>
- Auxiliary: [www.legion-aux.org/members](http://www.legion-aux.org/members)

*You may also be able to print your card on line*

# OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 7pm Auxiliary Mtg	<b>2</b> 7:30pm Music by <i>Shawn Musselman</i>	<b>3</b> NO SAL Dinner	<b>4</b> <b>1pm Aux Crab Feast</b> 5pm DJ Wally NO Bar Bingo
<b>5</b>	<b>6</b> 6:30pm Game Night	<b>7</b> 5-7pm Pizza Night	<b>8</b> 6:30pm Country Line Dancing	<b>9</b>	<b>10</b>	<b>11</b> 6-8pm Bar Bingo
<b>12</b>	<b>13</b> 6:30pm Game Night  <i>US Navy Birthday</i> <i>Columbus Day</i>	<b>14</b> 5-7pm Pizza Night 7pm Post Exec Mtg	<b>15</b> 5:30pm Buck-a- Shuck Oysters  <i>Bulletin Articles Due</i>	<b>16</b> 7pm SAL Meeting 7:30pm Music by <i>Loose Change</i>	<b>17</b> 5:30-7pm Happy Hour & Dinner for Commander's B-day	<b>18</b> <b>Rider's Poker Run</b> 6-8pm Bar Bingo
<b>19</b> 8:30-11am SAL Breakfast	<b>20</b> 6:30pm Game Night	<b>21</b> 5-7pm Pizza Night 7:30pm Riders Mtg	<b>22</b>	<b>23</b> 7:30pm Music by <i>Suzy &amp; Shawn</i>	<b>24</b>	<b>25</b> <b>5pm Trunk-or-Treat</b> <b>8:30pm Adult</b> <b>Costume Contest</b> Bar Bingo (?)
<b>26</b>  <i>National Day of the Deployed</i>	<b>27</b> 6:30pm Game Night	<b>28</b> 5-7pm Pizza Night 7:30pm Reg Post Mtg	<b>29</b>	<b>30</b>	<b>31</b> <b>Deadline for Early Bird Dues Renewal</b>  <i>Halloween</i>	

# NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 6-8pm Bar Bingo
2	3 6:30pm Game Night	4 5-7pm Pizza Night <i>Election Day</i>	5 7pm Auxiliary Mtg	6	7 5:30-7pm SAL Dinner	8 6-8pm Bar Bingo
9 4pm Early Bird Dinner	10 NO Game Night  <i>USMC 250th B-day Celebration</i>	11 11am Ceremony 5-7pm Pizza Night 7pm Post Exec Mtg <i>Veterans Day</i>	12	13	14	15 9am Craft Fair 6-8pm Bar Bingo  Bulletin Articles Due
16 8:30-11am SAL Breakfast	17 6:30pm Game Night	18 5-7pm Pizza Night 7:30pm Riders Mtg	19	20 7pm SAL Meeting	21 5:30-7pm Aux Dinner	22 6-8pm Bar Bingo
23	24 6:30pm Game Night	25 5-7pm Pizza Night 7:30pm Reg Post	26	27 Post opens at 5pm <i>Thanksgiving</i>	28	29 6-8pm Bar Bingo
30						



## Auxiliary President's Message

**Falling Into Service** -- As we move into fall, our Auxiliary year is in full swing! Thank you to everyone who has helped get our programs off to a strong start.

We still have a few **open committee positions**, and we'd love to see more members get involved. Our committees are what make the Auxiliary unique, giving us the structure to serve veterans, support our community, and carry out our mission of **Service, Not Self**.

### Upcoming Events

- **Craft Fair – Saturday, November 15 (9am–1pm)**  
Chair: Marla Abell — *Volunteers will be needed and see Marla if you are interested in a spot.*
- **New Kids Event – Sunday, November 23**  
Chair: Carol Ann Rapine — *More details coming soon - Volunteers will be needed*
- **Purse Bingo – Saturday, December 6**  
Chairs: Mary Long, Mary Emrick, Dawn Penrod, Deanna Walls — *Ticket on sale now \$30. Only the event chairs are authorized to sell tickets.*

Now is the perfect time to jump in, join a committee, or lend a hand at an event. Every bit of support makes a difference, and together we can make this a wonderful season of service!

Stephanie Millard  
Unit President



## Riders Director's Message

Thank you to all that attended the Bull & Oyster Roast, including SAL Detachment Commander Jason Miller. The event was a great success and put us in reach of our fundraising goal for Patriot Point. Special thanks to Andy Dawson, Chuck Abell, Tommy Ford and Jason Stallings for cooking and serving the food. And we could not have put on the event without the efforts of Terry Egley as the event chair and coordinator.

Keep an eye out for our other fundraising events – Bike Nights on the patio at the Post and Restaurant Nights. We will also be having a Poker Run on Saturday, October 18th, starting around 10am.

In service to our Veterans,  
Danny Baldwin  
AL Riders Director

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## Email Addresses

*Post Commander (Ray)* – [post226commander@gmail.com](mailto:post226commander@gmail.com)  
*Post 1st Vice (Scott)* – [post226membership@gmail.com](mailto:post226membership@gmail.com) (veterans)  
*Post 2nd Vice (Larry)* – [legionpost226events@gmail.com](mailto:legionpost226events@gmail.com)  
*Post Chaplain (Art & Cheryl)* – [post226chaplain@gmail.com](mailto:post226chaplain@gmail.com)  
*Resource Officer (JP)* – [post226resource@gmail.com](mailto:post226resource@gmail.com)  
*Rental Coordinator (Stephanie)* – [post226rentals@gmail.com](mailto:post226rentals@gmail.com)  
*SAL Commander (John)* – [post226salcommander@gmail.com](mailto:post226salcommander@gmail.com)  
*SAL Membership (Dennis)* – [dwlong58@yahoo.com](mailto:dwlong58@yahoo.com)  
*AL Riders Director (Danny)* – [alr226info@gmail.com](mailto:alr226info@gmail.com)  
*Auxiliary President (Stephanie)* – [alaunit226@gmail.com](mailto:alaunit226@gmail.com)  
*Aux. Membership (Alicia)* – [unit226membership@gmail.com](mailto:unit226membership@gmail.com)  
*Bulletin and General Inquiries (Alicia)* – [info@post226.com](mailto:info@post226.com)

# TRUNK OR TREAT!

FOLLOWED BY  
ADULT COSTUME PARTY (8:30PM)  
Prizes: Most Original, Scariest, AND  
BEST COUPLE

AMERICAN LEGION POST 226

830 MAYO ROAD  
EDGEWATER

**5:00 PM** | SATURDAY  
OCT 25, 2025

BEST ADULT COSTUMES WIN PRIZES

MUSIC, FOOD, HAY RIDES, OPEN TIKI BAR  
AND OTHER ACTIVITIES

BRING THE FAMILY

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## Golf Tournament - Thank You

This year the golf tournament was a great success with 30 sponsors and 142 golfers. The final amount raised is still being determined with a few more donations coming in.

Super special thanks go out to Laura Causey, Polly Small, Sally Terry, Becky Terry, Sue Durbin, Debbie Jones, Bev Spadaro, Annette Colaw, Mike Chase, Ed Mock, Deanna Leone, and Commander Ray Leone for working the golf course and bringing “fun” to all the par3’s. Much thanks to Marla and Chuck Abell, Stephanie Millard, and Ray Leone for all your help everywhere. The success of this tournament is because of the volunteers’ commitment to our veterans.

This year’s proceeds go toward two local veterans. Air Force veteran Amy Castellano who currently is fighting a diffuse cancer and Navy veteran Bill Webb who just received a heart transplant. Money raised will help with their medical bills. We wish all our veterans the best.

God Bless our Veterans,  
Mr. Hillory Dean  
Golf Tournament Chair





## HOW YOU CAN BE THE ONE

**What:** The American Legion's *Be the One* initiative encourages American Legion Family members, veterans, servicemembers and others to take action when they believe a veteran is at risk of suicide.

**Why:** To reduce the alarming number of veteran suicides.

**How:** Our goal is to destigmatize asking for mental health support, provide peer-to-peer support and resources, and educate everyone on how they can Be the One.

### **Who:**

#### **Veterans**

Talk with fellow veterans about how you are feeling. Ask for help when you think you need it. Know there are millions of people ready to help you. Remember your family and friends care.

#### **Non-veterans**

Ask veterans in your life how they are doing. Listen when a veteran needs to talk. Reach out when a veteran is struggling.

## RESOURCES

**American Legion support:** Stories, videos and promotional items related to this initiative are available for posts, members and others. Visit [betheone.org](https://www.betheone.org)

**For urgent help:** Veterans experiencing a crisis can call **988** and press **1** for mental health assistance. Counselors are available 24/7.

You can also text **838255** or visit the VA crisis line website [veteranscrisisline.net](https://www.veteranscrisisline.net)

**Cummings-Behlke Post 226  
The American Legion  
PO Box 66  
Mayo, MD 21106-0066**

Web site: [www.post226.com](http://www.post226.com)  
Email: [info@post226.com](mailto:info@post226.com)

**BE THE ONE**

**ELIGIBILITY DATES**

**April 6, 1917 to November 11, 1918  
December 7, 1941 to Present**

***DATED MATERIAL  
NO DELAY PLEASE***